

EDITORIAL

Dear esteemed readers of TurkJEM Family,

As put forward by World Health Organization in 1948 "Health is a state of complete physical, mental, and social well-being not merely the absence of disease, or infirmity." Having no consensus around a single definition of well-being, the most consensus are around the presence of positive emotions and moods, satisfaction with life, fulfillment, and positive functioning.

Researchers include factors like physical well-being, economic well-being, social well-being, development and activity, emotional well-being, psychological well-being, life satisfaction, domain-specific satisfaction, engaging activities, and work. COVID-19 pandemic has negatively affected almost all of the factors cited above independent of age, gender, and nationality. As of January 2021 there are globally confirmed over 102 million COVID-19 cases and 2.2 million deaths and the pandemic is in no way expected to cease within a few months. Traditionally, health-related quality of life has been linked to patient outcomes and has generally focused on deficits in functioning. Thus COVID-19 not only deteriorated deficits in the functioning of humankind but have a holistic negative impact on human wellbeing. The negative emotions that are threatened by natural disasters call for making available traditional methods of intervention for clinical syndromes. In a time where most beds and doctors are devoted to the pandemic, there seems to be no solution that could be rendered by clinical efforts. During such times positively focused, strengths-based approaches, one that relies on the individual's existing capacities for effective functioning seems to be an effective way of contributing to upheaval wellbeing. Instead of stigmatizing individuals who are already disadvantaged, we believe a strengths approach can be empowering and provide a valuable new avenue for taking on the task of managing the demands of a world in upheaval. Strengths cover Wisdom and knowledge, courage, interpersonal strengths, civic strengths, strengths that protect against excess and strengths that forge connections to the larger universe and provide meaning. But beyond all, it seems that we are in an era of equity, social justice, and environmental considerations.

The spring edition of TJEM has these distinguished publications: "Prevalence and awareness of hypertension in seven distinct geographic regions of Turkey: SEMT HT study", "Publication outcomes for oral presentations at Congresses of Endocrinology and Metabolic Diseases of Turkey: analysis of twenty years ", "Clinical spectrum and outcome of patients with Graves' disease: a single center experience from a tertiary care institution of the Kashmir valley, India", "Evaluation of oxidative stress with a new method in differentiated thyroid cancer patients on thyrotrophin suppression treatment", "Patients with ectopic posterior pituitary: report of six cases", "Investigation of survivin promoter -31 G/C polymorphism and survivin levels in acromegaly ", "Pheochromocytoma: 16 years of experience in a single center ", "Evaluation of influenza, pneumococcus, zoster, measles, diphtheria and pertussis vaccination rates in patients with type 1 and type 2 diabetes mellitus; a single center experience from Turkey", "Metabolic age: a new predictor for metabolic syndrome", "Does blood glucose regulation in adults with type 2 diabetes affect exocrine pancreatic functions?", "Serum irisin levels in cigarette smokers ", "MTHFR C677T polymorphism in Turkish women with polycystic ovary syndrome", "Pharmacotherapy and neoteric dietary approaches for polycystic ovary syndrome: a systematic review ", "SRY-positive 46XX testicular disorder of sex development as a rare cause of male hypergonadotropic hypogonadism: a case report ", "A case report of dapagliflozin-induced nodular vasculitis".

Wish you all a very healthy and pleasant spring time.

With my best regards,

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Editor-in-Chief