



EDITORIAL

Dear esteemed readers of TJEM,

Endocrinology and Metabolism is a fast-growing field and literature is developing vastly. With an ever-increasing body of data that includes original studies, therapeutic trials, new testing, reports on new treatments and guidelines for management; most clinicians are overwhelmed, if not confused with new information at hand. Looking at four recent publications in the international arena we see that methodology of analysis is more shifting towards Problem-Oriented Approaches (POA's), clinical practice and imaging. This approach complements the modern present of endocrinology and metabolism, declaring that you cannot manage without measurement. This in no way reduces the importance of genetics and other traditional methods.

Taking a closer look at the recent TurkJEM issues, it seems that concentration area of articles is quite matching with the ongoing trends in Endocrinology and Metabolism trends globally. We express our sincere and enduring gratitude to our national and international colleagues for sharing their research expertise and their writing skills. It is our hope that information and recommendations in these articles will help our friends and colleagues who provide Endocrine and Metabolism care worldwide.

Our contributors have provided the readers with a practical approach to most common Endocrine and Metabolism disorders: The Effect of Multimodal Exercise Training Programme in Subject with Type 2 Diabetes Mellitus; Assessment of inflammatory and cardiovascular markers in type 2 diabetes without clinical evidence of cardiac events; Clinical Management of Insulinomas: A Single Institution's Experience; Hepcidin response to exercise: a review; Beneficial effects of lithium and radioiodine therapy in the treatment of hyperthyroidism; Exceptional evolution of autoimmune hypothyroidism to Graves' Disease; Triple A Syndrome: Case Presentation; Diabetic foot due to Aeromonas Hydrophila and Pseudomonas Oryzihabitans-case report; A case of giant prolactinoma presented as a nasopharyngeal mass.

Have a fruitful and romantic fall season.
With my highest regards,

Nilgün Başkal MD
Editor-in-Chief