



EDITORIAL

Dear esteemed readers of TurkJEM,

Recent report by OECD, "Health at a glance 2015" reflects very intriguing findings for different fields of medicine but especially endocrinology. Looking at the life expectancy; OECD average is 77.8 for male and 83.1 for female, while same statistic is 73.7 for male and 79.4 for female in Turkey. Three major risk factor observations for the world are set as smoking, alcohol consumption and obesity. Countries are divided into two in terms of performance in acute or chronic health conditions. USA and Turkey have relatively decreased health conditions in acute conditions such as coronary diseases. But countries like Portugal, Spain and Switzerland relatively improved health conditions in chronic conditions like diabetes. For the 2008-2014 term body mass index for obese increased by 24% for males and increased by 32% for female population in Turkey.

In the case of diabetes for the 2008-2014 period diabetes prevalence increased from 5.9% to 9.0% for Turkey. This shows a 53 percent increase in diabetes incidence (Turkish Statistical Institute 2016). All this technical data shows that obesity and diabetes ranks within the first three major health problems in the World and Turkey. Increase in life expectancy should match with better health solutions to improve quality of life.

For this issue of TurkJEM a wide array and interesting papers are present. For this issue papers are towards fulfilling the research gap towards a better quality of life. Should Nursing Home Residents be Screened for Thyroid Function?; Comparison of Different Vitamin D Replacement Modalities in Vitamin D-Deficient Patients; Can Visfatin be Considered as a Diagnostic Marker for Diabetic Nephropathy?; Neutropenia Due to Very Long Time Propylthiouracil Usage in Toxic Multinodular Goiter; Diabetes Insipidus and Anterior Pituitary Insufficiency Due to Breast Cancer Metastasis; Postprandial Hypoglycemia: An Unusual Presentation for Insulinoma.

Best wishes to all researchers and scientists for the coming spring season.

With my highest regards,

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Editor-in-Chief